



Chicago Center for Jewish Genetic Disorders

Action Card for Couples

- 1.** Review the information about Jewish genetic disorders, screening options, and locations. Contact the Chicago Center for Jewish Genetic Disorders if you have any questions or concerns.
- 2.** Talk with your physicians about Jewish genetic disorders and the screening options. Bring the topic up with them; they may not know you are at risk for these disorders.
- 3.** Provide your partner with reinforcement. Explain how being screened is important for the future of your children.
- 4.** Follow through with these steps and get screened before you start a family.



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